Module 1: Introduction to the use of smartphone/tablet
Module 1: Introduction to the use of smartphone/ tablet

Duration: 60 minutes

Index of contents

1. Smartphone/ tablet possibilities
2. Android Vs Apple software – Information
3. PlayStore Vs AppStore - Information
1.1 Smartphone / tablet possibilities
WHAT IS A SMARTPHONE?
BUTTONS
SWITCH OFF, RESET
TOUCH SCREEN
You can send **emails**, take and send **photos**, **videos**, **chat**, listen to the **radio**, **music**...

Discover the **calendar**, **calculator**, **alarm clock**, **notes**, etc..

Additionally you can download more apps, to make your life easier.
Folders: Grouping of applications according to ordering criteria.
Creating a folder is very simple. Keep your finger on an app for a few seconds and drag it.
Incoming calls

When we have an incoming call, this screen appears. To answer, we have to touch the green icon and slide our finger in the indicated direction.

In this example, we have to slide the green icon to the right.
When the call **starts**, the drawing of the phone changes to **red**.

If we press on the **red** icon, we **hang up** the call.
Outgoing calls
HOW TO CALL A CONTACT
HOW TO CALL A CONTACT
HOW TO SAVE A NEW CONTACT

[Image of a smartphone screen showing the process of adding a new contact.]

1. Open the Contacts app on your smartphone.
2. Tap the '+' icon to add a new contact.
3. Enter the contact's name and other details in the 'New contact' screen.
4. Add any notes or additional information as needed.

[Image of the 'New contact' screen with fields for name, mobile number, email, and notes.]
Establish contact and information for emergencies, set your mobile with this information, especially when it is locked.

*Example: AAA-Maria*
In the **registry** we will find the calls we have made or received (whether we answered or not).

If there is a **phone call** that we do not have registered yet, we can add it to our **contacts** by clicking on it.
SENDING SMS

Look for an icon like this:

Create a message
SENDING SMS

Choose recipient / s
Write a message
Button to send the message
Attach file (image, video, etc.)

MAXIMUM 160 CHARACTERS PER SMS!
SETTINGS AND CUSTOMIZATION

Email

Screen

Sound
SETTINS AND CUSTOMIZATION

DON'T DISTURB MODE

Silent

Vibration

Sound
CLOSING APPS running at the back
CAMERA

Camera

Gallery
Selfie Mode
Camera settings
Flash
Video
Gallery
Take Photos
GALLERY

Gallery
Photos
Access to all the photos we have on our mobile, ordered by date.

Albums
Access to automatic photo albums (recent, videos, etc.) and personalized (family, friends, vacations, etc.)
CONNECTIVITY

Wi-Fi

Data
1.2 Android vs iOS software
1.3 PlayStore Vs AppStore
To download an application (App) to our mobile phone.

The most popular app-download sites are:

PlayStore
Android

App Store
iOS

these are already **installed** in the mobiles of the corresponding operating system.
Find the application you want to download and install.
THANK YOU
More info at www.cyberseniors.eu

The European Commission support for the production of this document does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.